

# 1990 Region 5A Girls Championship at Litchfield on Saturday, June 2nd and Monday June 4th

**Teams:** Sartell 54, St Cloud Cathedral 50, Holdingford 49, Rocori 42, Foley 34.5, Watertown-Mayer 28, Waconia 25, Swanville-Gray Eagle 22, St Michael-Albertville 22, New London-Spicer 22, Delano 19.33, Sauk Rapids 19, Litchfield 15, Royalton 12, Crosby-Ironton 12, Albany 12, Eden Valley-Watkins-Kimball 10, Paynesville 8.33, Mora 8, Belgrade-Brooten 8, Elrosa 8, Annandale 7.33, Pierz 6, Rockford 4, Atwater-Grove City-Cosmos ?, Orono 0.

## 100

- 1 Melissa Schutt, W-M 12.88
- 2 Amy Petron, Foley 13.16
- 3
- 4
- 5 Colette Ness, Litch 13.28

## 200

- 1 Amy Unterberger, EV-W-K 26.93
- 2 Karla Schwartzbauer, SCC 26.98
- 3
- 4
- 5
- 6 Colette Ness, Litch 27.67

## 400

- 1 Jenny Olson, Hold 59.46
- 2 Marie Zenner, B-B-E 60.01

## 800

- 1 Denise Bitz, S-GE 2:20.22
- 2 Lisa Massman, Roc 2:20.26

## 1600

- 1 Missy Peterson, Sar 5:13.42
- 2 Denise Bitz, S-GE 5:19.75
- 3
- 4
- 5 Annie Liestman, Litch 5:30.16
- 6 Tina Lang, Payne 5:33.29

## 3200

- 1 Missy Peterson, Sar 11:32.20
- 2 Kristine Kvistberg, Sar 11:34.43
- 3
- 4
- 5
- 6 Heather Spears, NL-S 12:25.31

## 100 Hurdles (33")

- 1 Carey Erpelding, SCC 16.20
- 2 Meghan O'Donnell, StM-A 16.76

## 300 Hurdles (30")

- 1 Tonya Paulson, Wacon 46.77
- 2 Carey Erpelding, SCC 47.26
- 3
- 4
- 5
- 6 Becky Klukas, AGCC 49.66

## 4x100 Relay

- 1 Watertown-M 51.14
- 2
- 3
- 4
- 5 Paynesville 53.37

## 4x200 Relay

- 1 Rocori 1:47.17
- 2
- 3
- 4
- 5
- 6 Paynesville 1:51.14

## 4x400 Relay

- 1 Holdingford 4:08.00

## 4x800 Relay

- 1 Sartell 9:44.0
- 2
- 3
- 4
- 5 Crosby-I
- 6 New London-S 10:18.88

## Shot Put

- 1 Lea Yost, Royal 37-5.25
- 2 Joy Illies, NL-S 36-1.5
- 3
- 4 Sue Semmier, NL-S 34-1.5

## Discus Throw

- 1 Sandy Fuchs, Roc 127-9
- 2 Jenny Ehresman, NL-S 115-7
- 3 Dana Kahlhammer, Pierz

## Long Jump

- 1 Colette Ness, Litch 16-4.5
- 2 Amy Petron, Foley 16-2
- 3
- 4 Sherri Flint, Payne 15-11.75

## High Jump

- 1 Delvene Whittaker, SRpds 5-6
- 2 Karen Felger, Mora 5-4
- 3
- 4
- 5
- t6 Tami Krupke, Payn 4-10

\* Ties Meet Record

\*\* New Meet Record

**Notes:** Inclement weather caused the meet to be suspended on Saturday and completed on Monday.  
Jeff Kellerman coached Sartell.